

Covenant for Mission Participants

As a participant in this project I realize this is both a privilege and a responsibility. While this project is an enjoyable experience for those who participate, it is a Christian service ministry where work and team cooperation is needed.

Because of this I have agreed to the following:

1. To cheerfully participate in all assignments and activities and to abide by the decisions and schedules set by the YU Host Team and adult sponsors.
2. That any lack of respect for authority, including the use of abusive language, violations of site smoking policies, and failure to comply with behavioral expectations may result in my being sent home at my expense. I understand that any use or possession of alcohol, firearms, weapons, or drugs (not prescribed by a physician) will automatically result in my being sent home at my expense.
3. I acknowledge that I am representing Jesus Christ, my church youth group and YU while on this mission trip and will conduct myself appropriately at all times.

REMINDER: You have agreed to abide by this covenant and the rules and regulations set forth by the Host Team.

Questions/Comments:
If you have any questions or comments regarding your upcoming mission experience, please feel free to contact Youth Unlimited:
e-mail: missions@youthunlimited.org
phone: 616.241.5616 ext. 3040



YOUTHUNLIMITED.

Youth Unlimited is committed to helping churches challenge youth to commit their lives to Jesus Christ and to transform their world for Him.

Youth Unlimited is a ministry of
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SERVE

WHO CARES?



YOUTHUNLIMITED.

**Student
Handbook**

Read before
attend your
2010 Mission
Experience



WELCOME!

You will be participating in an exciting adventure as part of a mission team to SERVE God.

Expect surprises and changes!

You will see, feel and do things you never even thought possible before. You will make discoveries about yourself, others, and most importantly your relationship with God. The time you spend on this mission experience will change other people too - children, teens, parents, senior citizens and anyone else that you will be coming into contact with. The most exciting discovery you will make is that God, through this experience, will use you and your gifts to do His work.

Things to remember:

- To have a successful mission experience it is important that you come with the proper attitude. You are coming to serve others in the name of Christ.
- You should be self-sacrificing, willing to work hard and express gratitude to God for what He has done for you. Your attitude and behavior will reflect who you are.
- Part of the challenge is to live and work together as God's servants. You will be working and living with others, some whom you may know but also those you do not know. Conflicts may arise, but remember, talk openly and kindly about things that bother you. Learn to listen. Talk with the team leaders if it gets out of control. Things will fall into place if you talk and pray together. (Matthew 18: 15-20)
- Don't compare. If you have participated in SERVE or ENCOUNTER before, it is important that you don't compare projects. All projects are different in locations, work sites, ministries, structures, speakers, participants and attitudes. Come prepared for a new experience.
- Keep safety in the forefront of your mind at all times, in your interactions with others and at the work site. If something doesn't seem safe to you, cease what you're doing and ask others for help or guidance.

Mission Standards: Participating in this mission experience is a privilege. There are general rules that apply to all sites. Each site will be providing additional guidelines when you arrive.

Length of stay: Please arrive and depart from your site at times stated in your confirmation letter. It is important that you do not come late or leave early as activities are planned from time of registration until time of departure. If you have questions about this, please contact your Host Team Coordinator.

Visitors: Visits from family and friends while on site are strongly discouraged.

Free time: Free time is scheduled into the experience as well as a planned half or whole day activity per week.

Lodging and meals: Typically, you will be housed and eat in local churches or schools. In most cases meals are provided, but on some sites, you may be involved in meal preparation and/or clean up. Unless told otherwise by the Host Team, bring a sleeping bag and a foam/air mattress. Remember, you are a guest. Do not assume open access to the entire facility. You will be expected to keep your lodging facility neat and clean and be considerate to others staying with you.

What to Pack: Work clothing should be anything you don't mind getting dirty, and we ask that you dress modestly. Enclosed footwear (tennis shoes) is required on the work sites. Short shorts, sports bras without shirts, spaghetti straps, bare midriffs, or shirts that promote anti-Christian messages (alcohol, drugs, etc.) are not acceptable at any time. Bathing suits must be one piece for girls and no Speedos for guys. Bring your own towels, personal items and your Bible. You may also receive a list of proper clothing and requirements from your Host Team.

What NOT to bring: Not allowed on the sites are weapons, firearms, alcohol or drugs. If you are taking prescription medication please let the Host Team Coordinator know upon arrival. The use of personal iPods, Discmans, MP3 players, radios, boom boxes, pagers, or cell phones are discouraged. If you bring these with you, do not use them on site or they may be taken away until the end of the SERVE experience. Youth Unlimited is not responsible for personal items that are lost, stolen, or damaged. Ask the Host Team Coordinator for a secure place to store your valuable items.

Pairing off: You may come as boyfriend/girlfriend and you may leave as boyfriend/girlfriend but while you are on site you are a member of a team. Dating and displays of affection are not permitted.

Phone calls: Bring a calling card with you to call home upon arrival at the site to let your family know you have arrived safely. Any calls after that must be cleared through the Host Team.

Non-Smoking Sites: Smoking is prohibited on non-smoking sites. This means there will be no smoking at the work sites, at the church/school where you are staying, in the car/van while traveling to/from work sites or on the day away. This applies to both students and adults.

Discipline: Anyone, student or adult, demonstrating an uncooperative attitude or rule violation may be removed from the site and sent home at his/her own expense.

Insurance: Youth Unlimited (YU) carries secondary health insurance and liability insurance. All insurance claims must be submitted to the participant's individual insurance first. YU's insurance will begin where the participant's insurance ends for any medical expenses incurred while at the site. If a participant does not have insurance coverage, YU's insurance becomes the primary coverage. Participants are not covered traveling to or from the mission experience. Check with your insurance provider to verify your coverage in the state/province/country where you are traveling and bring a copy of your insurance card with you.

Travel Information

Within U.S., Canada or Mexico

For travel to or from Canada, the U.S. or Mexico, passports are required.

Due to the lengthy wait at times, you are urged to apply for your passport as soon as possible.

Outside U.S., Canada or Mexico

Travel requirements for U.S. and Canadian citizens vary by the country where you are going. Youth Unlimited will help you understand the necessary requirements. You will need a valid U.S. or Canadian passport to travel outside of the U.S. and Canada and should apply for one immediately.

Keep It Safe

Make photocopies of your passport's identification page and/or of your identification cards and keep the copies separate from the original when you travel. For added security, leave a copy with a friend or relative at home.

Traveling with Minors Across a Border

Any adult who is not a parent or guardian should have written permission to supervise the child from the parent or guardian, as well as the child's identification and carry it with them. A letter would also facilitate entry for any one parent traveling with their children. This permission letter should contain addresses and telephone numbers where the parent or guardian can be reached. An example letter can be found on the Youth Unlimited website www.youthunlimited.org. It is recommended, but not required, that the letter be notarized.

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For more information or to find the travel requirements for non-U.S./Canadian Citizens, visit:
Canada Border Services Agency - www.cbsa.gc.ca
Foreign Affairs Canada - www.voyage.gc.ca
U.S. State Department - www.travel.state.gov
U.S. Customs and Border Protection - www.customs.ustras.gov

